

# FOOD EXPIRATION GUIDELINES

In accordance with the Feeding America Organization, the Greater Baton Rouge Food Bank advocates the following guidelines for best practices to adequately manage expiration dates.

## DAIRY




Liquid dairy, yogurt and cream	7 days after Best Buy Date
Butter, hard cheese and margarine	30 days after Best Buy Date
Soft cheese	14 days after Best Buy Date
Eggs	28 days after Best Buy Date
Frozen: butter, cream cheese and hard cheese	180 days after Best Buy Date

## CANS/JARS


## PREPACKAGED

Soup, condiment, vegetables, fruit, fish and meat



365 days after Best Buy Date

Cereal, crackers, bagged snacks, frozen dinner, dried pasta, dried beans, rice and grains




180 days after Best Buy Date

## FROZEN


## FRESH

Meat, seafood, eggs, vegetables, fruit, ice cream/retail pack



365 days after Best Buy Date

Whole and chopped  
*Must be kept refrigerated*



3-7 days after Best Buy Date

## BAKED GOODS



Fresh bread, muffin, pastry and cookie	10 days after Best Buy Date
Pie crust, pancake, biscuit, cake, bread, cookie mix and frosting	365 days after Best Buy Date

## HELPFUL LINKS

<https://www.foodsafety.gov/food-safety-charts/cold-food-storage-charts>  
<https://ask.usda.gov/s/article/How-long-can-you-freeze-beef>

